Deer Valley Swimming and Diving Team Code of Conduct 2020

The members of the Deer Valley Swim and Dive Team are expected to follow the following guidelines as a member of the team:

# Attendance

* 1. Attendance at practice is MANDATORY. If for any reason you will miss a practice or be late, you must notify Coach Cardone prior to your absence and ensure your absence is acknowledged by coach.
  2. If you miss the day before a meet, you will not swim or dive in the meet, unless prior arrangements have been made. This is at the coaches’ discretion. Unexcused absences are not acceptable!
  3. All swimmers and divers are expected to attend all team building events and meets.
  4. Athletes are expected to attend both days of Qualifier Meet.
  5. Club swimmers and divers are expected at all practices during the team tryout phase. Then club swimmers and divers need to have a conversation with Coach Cardone at the very beginning of a season to decide if missing practice to

attend club swim/dive is in the athletes’ best interest. If you are excused you are still expected at a minimum of 2 practices per week and to attend all high school competitions & events. If you are missing practice due to illness, Dr., etc. the expectation is that you will attend practice on one of your schedule club days to ensure the 2 practices a week are met. A set schedule needs to be set at the beginning of the season.

If excused absences become routine, you will be dismissed from the team. This policy is solely coaches’ discretion. The coaches understand that athletes have other responsibilities besides swimming and diving. But, if you cannot commit to swimming and diving by scheduling other events around swimming and diving, then maybe you need to analyze if you have room for swimming and diving in your busy schedule. Every effort should be made with your teachers to make up work or get help so that it does not interfere with swim or dive practices and competitions – Study Hall is a GREAT time to get this help!

The swim season officially ends the 1st week in November. You are expected to swim or dive until that time, unless otherwise dismissed in good standing. Attendance and completion of the season are expected to earn good standing in swimming and diving. Most athletes will be excused after practice on Monday, November 2, 2020.

# Grades

Students must maintain a passing grade in all classes to be eligible to participate. 1st offense: Student is warned and put on the pending list for ineligibility.

The DVHS Athletic Office mails a warning letter home.

2nd offense: The student will be placed on the ineligible list and will not be able to participate for the following week. The DVHS Athletic Office will mail a letter of ineligibility home.

3rd offense: The student will have a coaches/ parent meeting to discuss being dismissed from the team to focus on academics.

Failure to meet these criteria could result in team suspension for the next meet, or forfeiture of varsity awards, or dismissal from the team. There will be an expectation for all athletes to maintain a C average. Athletes with D’s will be monitored and expected to attend extra tutoring for the classes they are almost failing.

# Behavior

Members of the swim & dive team are representative of this team and DVHS. Therefore, students should be on their best behavior at all times. Coaches will deal with all behavior problems as they may arise and on an individual basis.

Student behavior problems may also be referred to the DVHS Conduct Office, if necessary. Suspension or dismissal from the team is also possible.

During meets and practice, athletes are expected to stay on task. If for any reason team members cannot stay focused on improving themselves as a swimmer or diver and as a member of the team, they may be dismissed from practice or from the team.

The team expects the utmost in maturity and sportsmanship from its members at all times. This is a Varsity team and all members are expected to act appropriately.

If there is a rule violation:

1. Athlete will be reminded of proper behavior from coach OR
2. Parents will be notified OR
3. School Administration will be notified OR
4. Athlete will be dismissed from the team OR
5. Any of the above combined.

# Illegal Substances:

Any member of the team shall not knowingly possess, use, transmit or be under the influence of non-prescription drugs, marijuana, alcoholic beverages or tobacco of any kind. Any athlete who is involved with any of the situations listed above will be subject to the coaches’ discipline, the school’s discipline and/or legal ramifications.

This includes Vaping!!!!...ZERO TOLERANCE. You will be removed from the team.

# Release from practice

* + Release from practice is 6:40am. If a parent or responsible adult is not at Cactus to pick up their athlete by that time, the athlete has to take the bus back to DV. There aren’t any exceptions.
  + Students may not ride share or carpool. Only Juniors & Seniors with younger siblings may share a ride.

***We always stress safety first!***

# Captains

Captains will be made up of leaders on the team, this could be from any class besides freshman. Coaches will name the captains after tryout phase of the season.

Coach Cardone: Cell: 480-241-5962 Email: [mrsellecardone@hotmail.com](mailto:mrsellecardone@hotmail.com)